



The Christian Education
Committee Presents:
A Spiritual Retreat Spa



Who: All those involved with the nurture and spiritual formation of our young people and youth; Sunday School Teachers, Superintendents, Youth Leaders, Christian Education Boards, Choir Directors

What: The morning will include a series of reflections and meditations aimed at refreshing the spirit. The afternoon will be spent in fun activities aimed at nourishing the body. Some of the afternoon offerings will be mini facials, manicures, pedicures, canoeing, jewelry making, crafts, facial massage, makeup application or just relaxing in the beautiful surrounds.

When: Saturday April 28th 2007, 9am – 4pm

Where: at Dayspring retreat Center, Dayspring Rd, Rothesay, Saint John E2S 2W5

Why: Because you deserve it!

How: The cost for this day is \$15 per person. Space is limited, so register early.



REGISTRATION

Contact Person _____

Phone (d) _____

(e) _____

email _____

Parish _____

Groups please list additional names here:

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Please mail form and payment (cheques payable to Diocese of Fred)
to arrive by April 24, 2007 to:

Liz Harding
Diocesan Synod of Fredericton.
115 Church St.,
Fredericton, NB E3B 4C8
For more info contact Liz at 506-459-1801 or 508-439-0668
Email elizabeth.harding@anglican.nb.ca