



FORMATION PROGRAMME

Diocese of Fredericton

Unit Description

TITLE:	Counselling
INSTRUCTOR:	Dr. Ken Neilson, LCT, CCC, OD Parish Development Officer, Adjunct Professor, Owner Operator and Therapist
DAY-LONG LEARNING EVENT	Limited Number of Spots Available
DATE:	Thursday, 12 October 2017 10:00am to 4:00pm
LOCATION:	In The Stillness Center

OVERVIEW:

The need for personal presence with the people within a cleric's congregation(s) and throughout the broader parish geography is becoming more and more important. The opportunity to walk with people in crises or difficulty opens up wonderful possibilities to be the face of Christ to people. This day will provide the student with an outline of a process as well as the introductory skills to be able to walk with others during very difficult times. We all have much to learn.

REQUIRED TEXTS:

- Counselling Skills for Dummies by Gail Evans, 2013.
- The Wounded Healer by Henri Nouwen.

Note: If you have not read these two texts prior to the session the instructor has directed that you do not come for the session. It would not be a good use of either your time or his.

FURTHER TEXTS:

- Provided as handouts and/recommended reading during the one day session.

WRITTEN SUBMISSION TOPICS:

Students are to come to the session with a case study from their context. The case study is simply a story of someone the student is walking with through a particular life challenge/reality/difficulty/surprise/crises. It is to be written one page written (this is for the student in preparation for the session and should contain the information which may be most helpful to the student during the session). The student will apply the process of counselling to the case as a written assignment of eight pages, doubles spaced. This is to be submitted electronically to the instructor on or before **Friday, October 20 at 12:00 Noon.**

16 August 2017